

THE MAINE DEPARTMENT OF AGRICULTURE, CONSERVATION AND FORESTRY INVITES YOU TO CELEBRATE

Summer in Maine

Open Farm Day
CELEBRATES 36 YEARS!

SUNDAY, JULY 27, 2025

ALSO IN THIS ISSUE...

YOUR GUIDE TO PLANTING
AND HARVESTING

PLUS SO MUCH MORE!



Read about Real Maine member Lazy Acres Farm in Farmingdale on page 4!

BDN

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Morning Sentinel • Kennebec Journal • Sun Journal
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Inside!
**Celebrate
Wild Blueberries
August 2-3!**

Let Real Maine Be Your Guide This Summer

Summer in Maine is more than just a season. It is a celebration of everything we grow, create, and share. From rhubarb and strawberries to juicy tomatoes and blueberries, Maine's fields, farms, and farmers' markets offer a delicious and dependable invitation to connect with the land and people who feed our state. And there's no better guide to this journey than Real Maine.

Real Maine is the state's official agritourism resource, and it's so much more than a directory. It's a doorway into Maine agriculture's stories, flavors, traditions, and future. Whether you're seeking a fresh take on your next farmers' market visit or craving a road trip to find fun, new, and easy ways to taste more of Maine, we invite you to dive in.

Let's start with what's in season, because when you choose food at its peak, you get the best of Maine's bounty. Real Maine keeps you updated on what's available now, from asparagus, beet greens, and chard, to cheese, eggs, flowers, and honey. Real Maine makes finding what you want easy, so you can bring those ingredients home!

While enjoying summer, don't forget to look at Real Maine's growing collection of recipes, from classics to modern twists. The collection celebrates the diversity and creativity of Maine cooks and farmers. Have a favorite? You're invited to submit your own and inspire others. This shared recipe collection is just one of the ways Real Maine keeps our community connected.

Real Maine goes beyond what's on the table. It's about understanding and celebrating agriculture's vital role in our economy and culture. Maine has long been known as the breadbasket of New England for good reason. Our farms produce food that stocks the shelves, fills the plates, and supports farmers and producers' livelihoods. And we do it with an unmatched spirit of independence, sustainability, and stewardship.

This summer, I encourage everyone to take a farm tour—Maine Open Farm Day is July 27—stop by a market you've never visited and ask a farmer what's most delicious this season. You will get many different answers, and they are all correct. Remember to look for Real Maine tags and logos in markets and stores, and discover the full range of Maine-made products online at realmaine.com.

Beyond the Plate: Support Maine's Farm-Based Goods

Maine farms grow more than food. They grow possibilities. Across the state, dedicated fiber farmers raise sheep, alpacas, goats, and more, producing high-quality wool, yarn, and natural textiles. Others craft soaps, candles, lotions, wood goods, and herbal products straight from their land. These non-food agricultural products are part of what makes Maine's farm economy vibrant. When you buy a skein of Maine wool, a bar of farm-made soap, or a handmade wooden spoon, you support rural enterprise, year-round farm income, and generations of traditional knowledge.

Celebrate the skill and craftsmanship of our farmers and help our agricultural economy thrive every season. Learn something. Share something. And know that by engaging with Real Maine, you are part of something bigger by supporting the hardworking people who keep Maine growing.

The Maine Department of Agriculture, Conservation and Forestry is proud of its role as a national leader in agritourism, while putting a spotlight on the bounty of our local food system, and we are excited to welcome you along for the journey. For events, seasonal highlights, and your personalized guide to Maine agriculture, visit www.realmaine.com.

Let's taste more of Maine together.

Amanda Beal

Amanda Beal, Commissioner
Maine Department of Agriculture, Conservation and Forestry

School Garden Network Fundraiser

The Maine School Garden Network has launched a new fundraiser — the 2026 School Garden of the Month Calendar.

Twelve school gardens in Maine have been selected for the inaugural calendar: Al-fond Youth and Community Center, Ella Lewis School, Fryeburg Academy, Gorham Middle School, Jonesport Beals High School, Kennebec Montessori School, Kingfield Elementary School, Mount Desert Elementary School, Sebastcook Valley Elementary School, South Bristol School, Stratton School, and Wentworth School. Selections were based on photographs entered by Maine school gardens listed in MSGN's Garden Directory.

Calendars can be ordered now. For more information, go to msgn.org and click on the Calendar button at the top of the page.



LOCAL & ORGANIC better together!

The Maine Organic Farmers and Gardeners Association (MOFGA) is the gold standard of organic certification. MOFGA Certification Services' commitment to sustainable, soil-based farming ensures that your food not only meets organic standards but exceeds them with care for the environment and local communities.

mofgacertification.org

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OFFER ENDS JULY 31, 2025. SEE DEALER FOR DETAILS.

Q&A with *Lazy Acres Farm*

We recently spoke with Sarah Lutte, co-owner of Real Maine member Lazy Acres Farm in Farmingdale, whose offerings include seasonal specialty cut flowers.

Locally grown cut flowers are available in Maine year-round through Real Maine member producers. Local flowers add the perfect color pop to your home or office and make a cheerful gift.

There are many benefits to buying fresh, local cut flowers. What are some?

So many of the flowers that we see in our day-to-day lives are grown outside of the U.S. — we have read that up to 85 percent are imported. And that means that the vast majority of the flowers we interact with in our lives have flown many miles before they arrive at their final destination. Those flowers are therefore grown with qualities like shipping durability in mind — not necessarily more desirable attributes like color and fragrance. And when you receive those flowers in your home, it has often been

at least several days, and possibly over a week, since they were cut in the field.

When you buy local cut flowers, we can grow varieties that do not necessarily hold up to being put in a box and on a plane. We can grow fancy, delicate blooms and ones that smell amazing. And they have often been cut within a day or two of going home with you, so they are so much fresher than imported blooms, and you will be able to enjoy more days with them in your home.

You offer a cut flower CSA at your farm. What is some of the feedback you receive from CSA members?

Our CSA customers are some of our favorite customers, as they get so excited for their flowers every week! We have changed the program over the eight years it has been running, and we think we have found a good mix of ease for the customers and ease for the farmers. In general, our customers like color over neutrals, so we try to keep that in mind as we plan out the recipe each week. Probably the most consistent feedback we hear is that the

flowers last a long time — often still looking good when it is time to get their new flowers for the following week!

What work does a flower farm perform year-round to prepare for the season?

Our fall season really takes us right up until the holidays, as we do a good bit of dried and evergreen wreath work on the farm. There is also a significant amount of work that gets done in November and December, preparing the farm for winter and the deep freezes that we often experience.

While winter does provide a slower schedule and time to rest, it is still a very busy time of year for most farmers. There is so much planning that goes into growing a season of flowers, and winter is the time to spend at the computer and in the spreadsheets planning for the year.

In Maine, many farmers have invested in infrastructure such as greenhouses and high tunnels to help extend the growing season. We have two large high tunnels, and we plant many flowers in the fall and tend to them all winter in hopes of early spring flowers.



Your farm also raises pigs for pork. Cut flowers and pork are an interesting pairing for a farm. How did that come about?

When we were originally planning what enterprises we were most interested in developing on the farm, we knew that flowers were going to be our primary one, as we had already been growing flowers for a few years, and the farm really was designed around them. But we also had a keen interest in livestock, and pigs in particular were attractive to us, as they can be started and finished within a single growing season. Therefore, there is no need to overwinter any animals. We also found that pastured pork worked well with our farm setup, as we have ample space for various rotating zones for them both in and out of the woods. Lastly, we really just love pigs and find them super enjoyable to raise!



PHOTOS COURTESY: LAZY ACRES FARM




2025 Summer Farm Activities Map

Use our map to explore farms in your area and experience the abundance of the Maine farming community this summer!

mainefarmlandtrust.org/summer-activities



ROOTED IN MAINE COMMUNITIES



photo by Edwin Remsberg

Cultivating relationships, one farmer at a time, to understand the complex problems facing Maine's agricultural industry.



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wildblueberryweekend.com

A Haven for Ice Cream Lovers

Maine is a haven for ice cream lovers, with its abundance of local farms and producers who make the frozen treat. There are many stops you can make on your summer trips where you can find homemade, delicious Maine ice cream.

You could spend your whole summer cooling down and tasting offerings from various ice cream makers in our state. You can get started by checking out Real Maine's Ice Cream Trail. Here are some flavors and varieties you can find along the trail this summer — maybe even during July, which is National Ice Cream Month.

TRADITIONAL AND SEASONAL

Maine ice cream makers have their choice of many local, fresh ingredients they could use, especially in the summer.

Maine milk and cream from Maine farms and creameries is a hallmark of this special trail. Wild Maine blueberries are a favorite pairing. Nearly every local ice cream shop has its own wild blueberry-inspired flavor, or flavors, including the blueberry cobbler ice cream at Blanchard's Creamery in Edgecomb. It is hard to beat the combination of wild Maine blueberries and locally made ice cream in the summer.

Other local Maine ingredients you will see used at many stops for ice cream are strawberries, rhubarb (Big Licks in Old Orchard Beach has a strawberry rhubarb flavor), maple syrup, and honey (included in the "Honey, I Love You" flavor at Willard Scoops in South Portland, which also has sea salt and olive oil as ingredients). Another traditional Maine favorite, the whoopie pie, is also incorporated into a number of treats.

SOMETHING A LITTLE DIFFERENT

Creativity is not something that is in short supply with our state's ice cream producers. Some of the more original flavors you will see on the Real Maine Ice Cream Trail include vanilla pretzel caramel at Gifford's Ice Cream and teaberry at

Beal's Ice Cream. You could also try the Matcha Moo milkshake, which includes matcha green tea powder blended with vanilla ice cream, whipped cream, and caramel swirl, at Morton's Moo in Ellsworth.

GELATO ALSO ON THE MENU

Homemade, local gelato can also be found along the Real Maine Ice Cream Trail. Gelato is a type of ice cream crafted in the Italian artisanal tradition. It's known for its lower milk fat (between 4 and 9 percent butterfat, compared to ice cream's 10-percent minimum), resulting in a denser texture. Gelato is also churned more slowly, incorporating less air, which contributes to its density, silkier texture, and flavor.

At Dolce Amici in Norway, they offer rotating gelato flavors such as coffee stracciatella and hazelnut made with imported nut paste from Italy. The best-selling gelato at Pugnuts in Surry is "Pug Passion," which consists of almond gelato swirled with dark Italian chocolate, salted pistachios, and dark Amarena cherries.

AND MORE ...

You will also find frozen custard shops in Maine. Frozen custard is like ice cream, in that it includes cream, sugar, and milk, but it also includes eggs to help give it its rich, smooth texture. Many ice cream shops offer non-dairy and vegan options, including Living The Dream Ice Cream in Dresden, where folks can find vegan soft serve.

When asked what qualities set their ice cream apart, those Real Maine Ice Cream Trail stops we spoke with unanimously said it was the craft and care that goes into making their homemade ice cream, the local, fresh ingredients, and the variety of choices. We at Real Maine couldn't agree more. Be sure to sample and enjoy our state's fantastic local ice cream, and see you this summer on the Real Maine Ice Cream Trail.



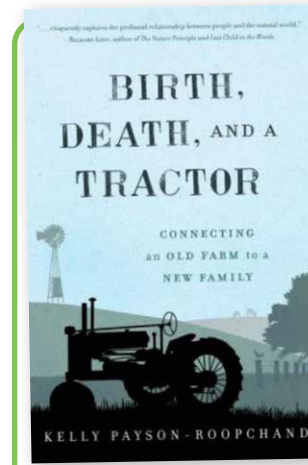
Scan the code to plan your trip along the Real Maine Ice Cream Trail ▶



Ideas for your Summer Reading & Playlists

Suggestions for all ages to enjoy glimpses of farming, food production, and caring for the land

Fun Fact: Look for the tractor icon! You can visit the author or their family farm during Open Farm Day 2025! Find more Open Farm Day information on pages 16-21.



Read All About It!

"Birth, Death, and a Tractor: Connecting An Old Farm To a New Family" by Kelly Payson-Roopchand

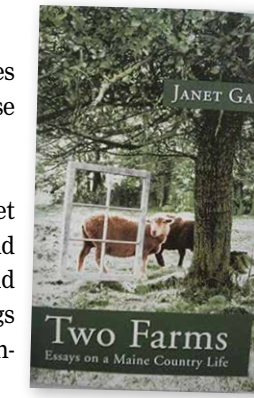
This book chronicles the history of her family's farm in Somerville over seven generations.

Visit **Pumpkin Vine Family Farm**, Somerville to view "the tractor" and see this working goat dairy that provides cheese and hosts community events.

Two Farms: Essays on a Maine Country Life

Galle wrote a monthly nature column for the Brunswick Times Record for many years. This volume comprises some of those essays along with others relating to her family's two farms.

Visit **Apple Creek Farm**, Bowdoinham, to meet the next generation of farmers, Jake Galle, and Abby Sadauckas merged their own two farms and now steward the same farm that Jake's parents and siblings tended in their younger years, supporting the land and connecting people with delicious Maine food on their farm.



Tales from the Hayloft: A Maine Farm Memoir

Generous in spirit and mechanical detail, James E. Harris's first collection is a historical time capsule of rural Maine life.

Tip: **Harris Farm**, Dayton, and **Harris Turkey Farm**, Newfield, are testaments to this York County family of farmers' multigenerational agricultural connections. Be sure to visit both businesses and shop for delicious sweet corn, milk, or a tasty turkey treat at the farm food truck!

"Miss MacDonald Has a Farm" by Kalee Gwarzanski

Dive into the fun and lively world of Miss MacDonald Has a Farm, where every page bursts with playful rhymes and adorable animals that little ones will love! This charming story is perfect for sparking curiosity to plan your family visit to a farm, market or fair this summer!



Listen Up!

The **Maine Farmcast** is hosted by local experts with wide-reaching insights. It is a must-listen for farmers. Non-farmers will appreciate learning more about the details of farming and the lifelong learning that is part of the business or hobby of growing food.

Other options: Short season episodes that interview Maine farms and food producers:

Harvesting Maine — In nine episodes, Real Maine converses with farmers to learn about a day in their lives, and provide an introduction to supporting local food production.

Maine Farms — Maine Farmland Trust interviews farmers around the state on two timely topics: Farm Succession, and the intersection of Farming and Climate Change.

Promoting successful beekeeping in Maine through education and outreach to beekeepers and affiliated associations.

Our members represent every level of experience and expertise including backyard hobbyists, sideliners and commercial beekeepers!

MSBA membership includes:

- The Bee Line Newsletter
- Free webinars
- Annual meeting and conference
- Discounts on subscriptions to American Bee Journal and Bee Culture

Always remember to support local beekeepers and pollinators!

- Buy local honey and bee products
- Plant native and pollinator friendly plants

Visit our website for up-to-date information on beekeeping in Maine including:

- Beekeeping classes in your area
- Our Honey Tasting event at the Maine Tasting Center in Wiscasset on June 22nd 2025
- The 2025 Bee Fest, returning to Viles Arboretum on September 7th free and open to all
- A monthly calendar of what you should be doing in the bee yard

TALK TO US

info@mainebeekeepers.org
 Instagram - @mainestatebeekeepersassoc
 Facebook - Maine State Beekeepers Association

Scan the QR Code to Learn More!

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What's In Season

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples	●	●	●	●	●			●	●	●	●	●
Asparagus					●	●						
Beans (Snap, Wax)							●	●	●			
Beets	●	●	●				●	●	●	●	●	●
Blackberries							●	●				
Blueberries, High Bush							●	●	●	●		
Blueberries, Wild	●	●	●	●	●	●	●	●	●	●	●	●
Broccoli						●	●	●	●	●	●	
Brussels Sprouts									●	●	●	
Cabbage	●	●					●	●	●	●	●	●
Cantaloupes								●	●	●		
Carrots	●	●	●	●	●	●	●	●	●	●	●	●
Cauliflower								●	●	●	●	
Corn (Sweet)							●	●	●			
Cranberries										●	●	●
Cucumbers							●	●	●	●		
Eggplant							●	●	●			
Garlic	●	●	●	●	●	●	●	●	●	●	●	●
Grapes									●	●	●	
Kale/Collards							●	●	●	●	●	●
Leeks							●	●	●	●	●	●
Lettuce/Spinach/Mixed Greens	●	●	●	●	●	●	●	●	●	●	●	●
Mushrooms (Cultivated)	●	●	●	●	●	●	●	●	●	●	●	●
Onions	●	●	●	●	●	●	●	●	●	●	●	●
Parsnip	●	●	●						●	●	●	●
Peaches							●	●	●			
Peas					●	●	●	●				
Pears								●	●	●		
Peppers							●	●	●	●	●	
Plums									●			
Potatoes	●	●	●	●	●	●	●	●	●	●	●	●
Pumpkins									●	●	●	
Radishes					●	●	●	●	●			
Raspberries							●	●	●			
Squash (Summer)							●	●	●	●	●	
Squash (Winter)	●	●	●	●					●	●	●	●
Strawberries						●	●					
Sweet Potatoes	●	●	●						●	●	●	●
Tomatoes							●	●	●	●	●	
Turnips	●	●							●	●	●	●
Watermelon								●	●			

● Available from Storage ● Harvest Season

Maine Farmers' Markets: *The Way Food Should Be*

By Maine Federation of Farmers' Markets

In a state that's known for its incredible natural beauty, hardworking people, and fantastic local food scene, Maine's farmers' markets reside at the heart of a well-spent summer. They're more than just places to shop for local food — they are vibrant community hubs that connect people with the land, with one another, and with our rich agricultural heritage. With over 100 markets across the state, from coastal villages to rural inland towns, Maine's farmers' markets are a vital part of Maine's agricultural economy, food system, and culture. Maine farmers' markets follow a particularly high standard of integrity. We have the Maine Farmers' Market Law, which requires that at least 75% of the foods and products sold be offered by that farmer or producer, or grown and purchased directly from another farmer or producer. This ensures that customers know where their food is coming from and protects the integrity of these markets and participating producers. 99% of Maine farmers' markets are entirely self-organized and run by the vendors themselves. That means it's the farmers and producers working together to make decisions about how the market is run, giving them the ability to do what's right for their own businesses and their customers with all the expertise they've built firsthand.

Market-Wide Maine SeniorFarmshare: New Version of A Great Summer Tradition

For the last three years, the Maine Department of Agriculture, Conservation, and Forestry has partnered with the Maine Federation of Farmers' Markets (MFFM) to bring a new version of the popular Maine Senior FarmShare program to the farmers' market. Instead of signing up with just one farmer, now seniors can choose a market-wide share at a growing list of select farmers' markets. In this version, participants sign up in person at the market Info Booth, receive an envelope with \$50 in farmers' market vouchers, and can spend them with any vendor in that farmers' market on fresh fruit,

raw unprocessed vegetables, cut herbs, and honey. You choose exactly what you want and pay the farmer directly with your vouchers. This version also shifts the administrative burden of recordkeeping off of individual farmers. In 2025, eligible seniors can choose a market-wide Senior FarmShare at the following farmers' markets: Bangor Farmers' Market, Bar Harbor's Eden Farmers' Market, Brewer Farmers' Market, Bridgton Farmers' Market, Brunswick Farmers' Market, Camden Farmers' Market, Damariscotta Farmers' Market, Dover Cove Farmers' Market, BTLT Farmers' Market at Crystal

Spring, Fairfield Farmers' Market, Hampden Farmers' Market, Houlton Farmers' Market, Kennebunk Farmers' Market, Lewiston Farmers' Market, Orono Farmers' Market, Portland Farmers' Market, Presque Isle Farmers' Market, Saco Farmers' Market, Sanford Farmers' Market, Skowhegan Farmers' Market, Steep Falls Farmers' Market, and the Waterville Farmers' Market. Please visit www.maine.gov/dacf/seniorfarmshare for more information about who is eligible to participate. To locate any farmers' market in Maine, please visit mainefarmersmarkets.org.

Bumper Crop: Maine Leads the Way with Innovative Workplace Wellness Program

The Bumper Crop program is a workplace wellness initiative that connects employees with local farmers' markets. Employers distribute \$5 vouchers to their staff, which can be redeemed for fresh produce and other food items at more than 100 participating summer and winter markets across Maine. This program not only promotes healthy eating among employees but also supports local agriculture and strengthens local small businesses. Since its inception in 2019, Bumper Crop has seen significant growth. Originally starting with a single employer in

Bangor, the program expanded to include 47 employers and nearly 50 markets by 2022, and has since more than doubled again in participation. Last year, Maine shoppers redeemed nearly \$75,000 in Bumper Crop vouchers, and with new employee partnerships, that number continues to grow. Employers participating in Bumper Crop find value in the program's simplicity and impact. They only pay for vouchers that are redeemed, and MFFM provides promotional materials and tracks participation to assess the program's effectiveness. By integrating Bumper Crop

into workplace wellness initiatives, employers can promote healthier lifestyles, support local economies, and foster stronger community connections. The program's success has garnered attention beyond Maine, with plans to develop a toolkit for replication in other regions. MFFM's Executive Director, Jimmy DeBiasi, regularly presents about Bumper Crop on a national scale. Employers interested in joining Bumper Crop can contact Jimmy directly (director@mffm.org) or visit MFFM website for more information: mainefarmersmarkets.org

Farmers' Market FAQs

- 1. What is a farmers' market?**
 A farmers' market is a public space where local farmers, fishers, and food producers sell their goods directly to consumers. Maine law states that a farmers' market must have at least two farmers, that produce sold there must be produced within the state, and that most of the goods sold must be sold by the producer themselves, with minimal buy-in from other farms allowed.
- 2. Where can I find a farmers' market?**
 Maine has over 100 farmers' markets throughout the state in summer and winter. You can find a complete list at www.maineformersmarkets.org and search the Maine Federation of Farmers' Markets' (MFFM) directory.
- 3. What can I find there?**
 An incredible array of seasonal fruits and vegetables, fresh eggs, cheese, yogurt, artisan bread and baked goods, meats galore, poultry, seafood, mushrooms, maple syrup, honey, pickles, jams and jelly, flower bouquets, seedlings, handcrafted items, treats to eat on site, souvenirs, and more.

- Do they only take cash?**
 Many participate in Maine Harvest Bucks, a program that lets you use SNAP/EBT and offers bonus fruits and vegetables when you do so. Find a list of all the Maine Harvest Bucks markets at maineharvestbucks.org
- How can I support farmers' markets beyond just shopping?**
 Spread the word, bring friends, volunteer at a market, donate to the Maine Federation of Farmers' Markets (MFFM), and follow your favorite markets and vendors on social media.



Augusta Farmers' Market at Mill Park
Covered pavilion beyond the parking lot at Mill Park, 1 Water St.
Tuesdays 2-6, May - October

Bangor Farmers' Market
Abbot Square, across from the Bangor Public Library
Sundays, 11-1:30, May - late Nov.

Bangor's European Market
117 Buck St. at Sunnyside Greenhouse, across from Bangor Auditorium parking lot
Saturdays 9-12:30, Year Round

Bar Harbor Eden Farmers' Market
MDI YMCA parking lot, 21 Park St.
Sundays 9-12, mid-May through October

Bath Farmers' Market
Waterfront Park on the Kennebec River, 61 Commercial Street
Saturdays 8:30-12, Mid-April - October

Belfast Farmers' Market
Outside Waterfall Arts, 256 High Street
Fridays 9-1, April - October

Belgrade Lakes Market
Maine Lakes Resource Center, 137 Main St.
Sundays 8-1, June - mid-September

Bethel Farmers' Market
On the greenspace next to the Norway Savings Bank, 1 Parkway
Saturdays 9-12:30, May to October

Biddeford Public Market
Mechanics Park, 45 Water St., along with "Music in the Park" hosted by Heart in Biddeford.
Wednesdays in July, 4-7:30

Blue Hill Farmers' Market
At Blue Hill Fairgrounds, 233 Ellsworth Rd.
Saturdays 9-11:30, Late May-October

Boothbay Farmers' Market
On the Town Commons, 1 Common Drive
Thursdays 9-12, May to mid-October

Bowdoinham Farmers' Market
Mailley Waterfront Park, 1 Main Street
Saturdays 8:30-12, June through October

Brewer Farmers' Market
Brewer Auditorium parking lot, 318 Wilson Street. August and September the market is also open Tuesdays and Thursdays.
Saturdays 8:30-1, May through October

Bridgton Farmers' Market
Depot Street Green, behind Reny's, 1 Depot St.
Saturdays 8-12, May to October

Brooklin Farmers' Market
In the parking lot between the church & the library, 4 Bay Rd (Rt. 175)
Thursdays 11-1, Late May to Columbus Day

Brooksville Farmers' Market
Community Center Parking Lot, 1 Black Bear Road
Tuesdays 9:30-12, June - mid-September

Brunswick Farmers' Market
On the mall downtown, 159 Park Row
Tues & Fri 8-1, May to Thanksgiving

Brunswick-Topsham Land Trust Farmers' Market
Crystal Spring Farm, 277 Pleasant Hill Road
Saturdays 8:30-12:30, May through October

Bucksport Bay Farmers' Market
Elm Street Congregational Church, 31 Elm St.
Thursdays 11-3, May through mid-October

Camden Farmers' Market
Tannery Park, 116 Washington Street (Rt 105)
Sat 9-12, Weds 3:30-6, May thru Oct

Cherry Hill Farmers' Market
616 Main St., Gorham
Wednesdays 2-6, June to Sept

Cumberland Farmers' Market (CFMA)
Cumberland Town Hall Complex, 290 Tuttle Road
Saturdays 10-1, mid-May through October

Damariscotta Farmers' Market
Damariscotta River Association, 3 Round Top Land
Fridays 9-12, mid-May through October

Danforth Farmers' Market
9 Central Street
Fridays 9-1, mid-June to end of September

Dayton Farmers Market
24 Jessica May Rd
Sat 8-12, Mid-May thru October

Dover Cove Farmers' Market
1049 W Main St, Piscataquis County Ice Arena
Saturdays 9-1, through October
Tuesdays 2-6 in July & August

Downtown Rangeley Farmers' Market
On the corner of Depot Street and Main St
Thursdays 10-2, May through mid-October

Downtown Waterville Farmers' Market
Parking Lot at Head of Falls, near the Two Cent Bridge
Thursdays 2-6, May through mid-Nov

Ellsworth Farmers' Market
25 Pine Street, Fogtown Brewery parking lot
Saturdays 9:30-12:30, May through Nov. 15

Fairfield Farmers' Market
Nazarene Church Parking Lot, 81 Main Street
Wed 2-6, Sat 9:30-1:30, Mid-May - October

Falmouth Farmers' Market (CFMA)
Next to the ice rink, 22 Hat Trick Dr.
Wednesdays 10-1, mid-May - October

Farmers' Market at Pumpkin Vine Family Farm
217 Hewett Road, Somerville
Sundays 11-2, May through Sept, 2nd & 4th Sundays

Farmington Farmers' Market (Fridays)
Next to the Better Living Center, 181 Front Street
Fridays 10-1, May through October

Farmington Farmers' Market (Saturdays)
In front of District Courthouse, 129 Main St
Saturdays 10-1, May through October

Freeport Farmers' Market
In Memorial Park, 28 Bow St.
Fridays 10-1, May 31-Sept. 27

Freeport Harraseeket Grange Farmers' Market
In and around the Big Red Barn on Elm St.
Wednesdays 3-6, May-October

Fryeburg Farmers' Market
83 Portland St.
Sundays 10-1, June to mid-Sept.

Gray Village Farmers' Market
5 Yarmouth Rd
Sundays 10-1, July-October

Greater Gorham Farmers' Market
Route 114, 71 South Street
Saturdays 8:30-12:30, May through October

Greenwood Farmers' Market
Old Greenwood Town Office, 270 Main Street (Route 26), Lock Mills
Fridays 4-6. Open year round — every Friday from mid June to end of October. Every other Friday from end of October to mid June.

Hallowell Farmers' Market
Steven's Commons, 2 Beech Street
Saturdays 9-12, May through October

Hampden Farmers' Market
St. Matthews Church, 70 Western Ave.
Fridays 2-5:30

Holden Farmers' Market
Historic Holden Town Hall, 723 Main Road
Fridays 12-4, May to October

Houlton Community Market
Market Square
Saturdays 8:30-12:30, May thru mid-Oct.

Howland Farmers' and Artisans' Market
5 Bridge Street
Sundays 10-2, May through October

Islesboro Farmers' Market
Islesboro Community Park, 103 Pendleton
Thursdays 10:30-12:30, June to early Sept.

Kennebunk Farmers' Market
Garden Street Lot
Saturdays 8-12:30, May to November

Kittery Community Market
Post Office Square, 10 Shapleigh Rd.
Sundays 10-2, June to November

Lewiston – Kennedy Park Farmers' Market
Kennedy Park, corner of Pine St. & Bates St.
Tuesdays, 2-5

Lewiston Farmers' Market
2 Oxford Street
Sundays 9:30-1, May to November

Lisbon Farmers Market
1 Canal St.
Sundays, 9-2, June to October

Lubec Market
55 Water St.
Saturdays 10-12, May through October

Machias Valley Farmers' Market
On the dike across from Helen's Restaurant, 76 U.S. 1
Fridays 9-2, May through October

Madawaska Farmers' Market
380 Main St., under the Pavilion
Saturdays 9-1, June-September

Milbridge Farmers' Market
Camden National Bank parking lot, 29 Main St.
Saturdays 9-12, May to September

Millinocket Farmers' and Artisans' Market
35 Penobscot Ave, Veterans Memorial Park
First Saturdays 9-1, July-October

Northeast Harbor Farmers' Market
On the Green, Harbor Drive
Thursdays 9-12, late June to August

Norway Farmers' Market
At Alan Day Community Garden, 26 Whitman St.
Fridays 5-8, July-August

Orono Farmers' Market
University Steam Plant parking lot, College Ave.
Sats 8-12, Tues 2-5, May through Nov.

Orrington Farmers' Market
Snows Corner Plaza, 191 River Road
Saturdays 10-4, April-Sept

Pittsfield Farmers' Market
Corner of Hathorn Park, across from the Church of the Nazarene, 200 Central St.
Mondays 2-6, May through October

Portland Farmers' Market
At Deering Oaks Park
Wednesdays and Saturdays 7-1, April through November

Presque Isle Farmers' Market
Riverside Pavilion, 19 Riverside Drive
Saturdays 8:30-12:30, May-October

Rockland Farmers' Market
In Harbor Park, 1 Pleasant St.
Thursdays 9-1, May through October

Rockport Farmers' Market
Guini Ridge Farm Greenhouses, 310 Commercial St.
Saturdays 9-12, May-Oct.

Saco Farmers' Market
Shaw's Parking Lot, 4 Scamman St.
Saturdays 8-12, May through October

Sandy River Farmers' Market
Corner of South Shore Dr and Rt 4
Tuesday 10-2, May through Oct.

Sanford Farmers' Market
Central Park, 919 Main St.
Saturdays 8-12, Early May to Oct.

Scarborough Farmers' Market
In the Town Hall parking lot, 259 U.S. Route 1
Sundays 9-1, June through October

Skowhegan Farmers' Market
In the parking lot of Maine Grain, 42 Court St.
Saturdays 9-1, April - Nov (April & Nov hours: 10-1)



South Portland Farmers' Market
City Hall Parking Lot, 144 Ocean St.
Sundays 10-2, May through October

Southwest Harbor Farmers' Market
In the St. John's Church parking lot across from Bar Harbor Bank on Main Street
Fridays 9-12:30, June to mid-Oct.

Steep Falls Farmers' Market
Gazebo Park, 1 Main Street
Saturdays 9-1, May through October

Stonington Farmers' Market
Island Community Center parking lot, 12 School St.
Fridays 10-12, May to September

Thomaston Farmers' Market
30 High St, on campus of Gen. Henry Knox Museum
Wednesdays 3-6, May-Oct

Town of Lincoln's Farmers' Market
In Veterans Square in downtown Lincoln
Fridays 10-2, June-Oct. 3

Turner Farmers' Market
The lawn in front of the Natural History Club Building, 442 Turner Center Road
Tuesdays 4-6, June-August 26

Union Farmers' Market
61 Common Road
Fridays 4-7, June through Sept.

United Farmers' Market of Maine – Belfast
18 Spring St., Belfast
Saturdays 9-2, Year-round

Van Buren Farmers' Market
Under the Farmers' Market Pavillion across from the Family Dollar
Saturdays 10-2, June to mid-Sept

Waterford Farmers' Market
663 Waterford Road
Mondays 2-5, June-August

Wayne Farmers' Market
On the Village Green next to the Post Office
Sats 9-12, Memorial Day to Labor Day

Wells Farmers' Market
Wells Library, 1434 Post Rd
Wednesdays 1:30-5, June-August

Wilton Farmers' Market
Vera's Iron & Vine, 76 Weld Rd
Saturdays 9-1, May to October

Windham Farmers' Market
Buck's Barbeque back lot, 4 Turning Leaf Rd
Saturdays 8:30-12:30, Late May to Sept

Winter Harbor Farmers' Market
Newman Street
Tuesdays 9-12, June to August

Wiscasset Farmers' Market
Wiscasset Town Office, 51 Bath Road
Fridays 9-1, May through October

Yarmouth Farmers' Market
Memorial Lawn (Right in Front of Town Hall), 200 Main St.
Thursdays 3-6, May through October

York Gateway Farmers' Market
Greater York Region Chamber Visitor Center, 1 Stonewall Lane
Saturdays 9-1, May to October

From Seed, Field, or Farm to Table

You can find delicious Maine-grown food at farmstands, the grocery store, supermarket, or even grow it yourself. But food and farm products are not immediate. It takes skill, time, and a lot of patience. Plus, farmers must find the right combination of factors — from soil types and health, to varieties and breeds of crops or animals, and other timing logistics, like processing availability. This chart shows approximate timelines for different farm products to be ready to harvest. In addition to these timelines and examples, there are many other things that farmers manage. Crop rotation, weather, and coordinating delivery, re-stocking, and farm activities are part of the timelines to ensure local food is accessible and available..

GROWING VEGGIES

Vegetables can be planted by seed or transplanted. Hours of daylight, varieties, and planting methods can impact the harvest. For some crops, farmers may do “succession planting,” which means they will time the crop so that it’s available throughout a harvest window versus all at once.



Yarn or Fiber 1 year or more

Fiber can come from animals or plants. Sheep, for example, are typically shorn 30-60 days before they give birth, usually once per year. The shorn wool is then processed into quality categories and further processed into colors and usable material to make a finished product, like socks, mittens, or other clothing.

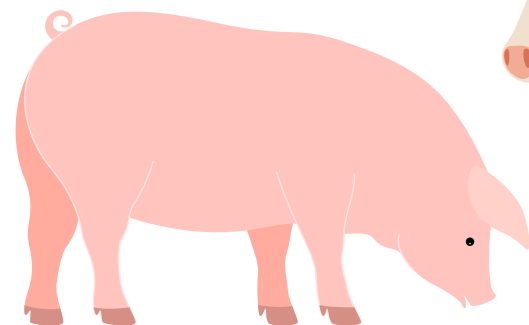
Eggs

1 day to 18 weeks
From birth to maturity, it takes a hen 14-18 weeks to start laying eggs.



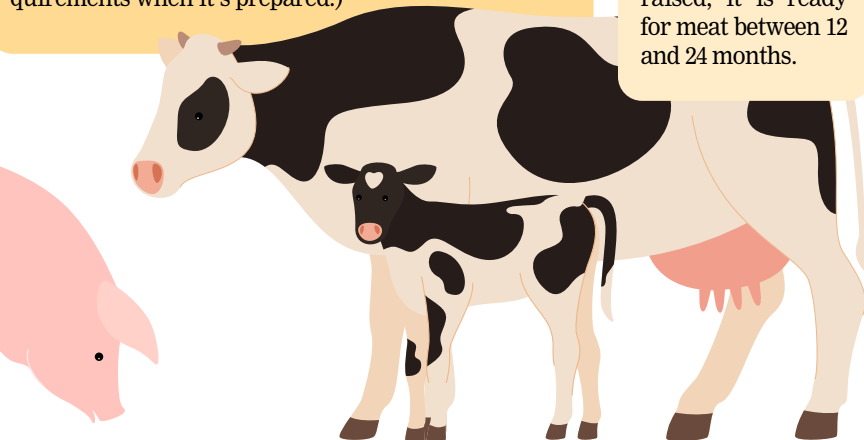
Pork 10 -14 months

A pig must first give birth to her litter, which she carries for approximately 114 days, or “3 months, 3 weeks, and 3 days.” Young pigs are raised for 3-6 months until they reach maturity and can be processed into a source of local meat.



Aged Cheese 60 days to 2 years

A cow is typically ready to produce milk after she gives birth to her first calf, approximately 18-24 months. A dairy goat is typically ready to produce milk after she gives birth to her first kids; approximately 12-14 months. The first milk has important antibodies; it’s reserved for newborns. After a few days, fresh milk can be used to make dairy products or bottled milk. Wheels or blocks of cheese are aged for at least 60 days. (Fresh cheese can be ready to eat and sell within a day. It needs to meet temperature requirements when it’s prepared.)



Beef 2-5 years

A cow must first give birth, at approximately two years when she has her first calf. That calf then matures to a yearling. Depending on the breed types and how the beef animal is raised, it is ready for meat between 12 and 24 months.

Garlic

GROWING TIME: 8-24 months
Most garlic is grown from cloves, which is quicker; garlic can be harvested at 8-10 months, and then it’s cured or dried for storage. It can be grown from seed, which typically adds another 10-12 months to the timeline.

Cut Flowers

GROWING TIME: 60-150 days
Annuals—flowers that are planted each year—have different maturity days depending on the type and the way they are planted, such as direct seeding or as seedlings. Perennials typically grow again each year, but flower farmers will pay careful attention to pruning, separating plant roots, or re-planting bulbs for future cuttings.

Christmas Trees

7-10 years
Most Christmas tree growers will start their plants from nursery stock—smaller seedlings. In summertime, growers care for and prune the young trees until they are ready to pick on the farm, or for delivery in late fall and early winter.

Apples

2-8 years
Depending on the tree variety, it can be as few as two years for a tree to grow fruit. Most apple trees are not grown by seed, but are “grafted” or attached to mature trees.

Maple Syrup

40 years
A maple tree is typically ready to tap when it is at least 10 inches in diameter, which is approximately 40 years.

Wild Blueberries

2 to 10,000 years
Wild blueberries have been in Maine for thousands of years. Growers tend the plants, which can spread out by their roots, and may be seeded or planted with “plugs.” Starting new plants or seeding requires extra care and attention in their first several years to get a good start. The growers rotate the fields on a two-year cycle—each year, half of a grower’s land is managed to encourage vegetative growth while the other half is prepared for harvest.

Checklist of Summer Activities to Celebrate Maine Agriculture

By Real Maine
Find Maine flavors and farm goods wherever you shop. Summer is a great time to shop at a local farmstand or farmers’ market where you can buy a variety of products. Look for Maine-brands when grocery shopping at a local retailer or supermarket—many stores showcase Maine brands. If you are looking for a particular item, feel free to ask!

- See the sights, meet the farmers all summer long!** Make a day of getting to know more about farming in Maine with a visit to any of the Open Farm Day sites July 28, a wild blueberry field for Wild Blueberry Weekend on August 2-3, Farmers’ Market Week August 3-9, Open Winery Day August 24, and the Maine Cheese Festival Sept. 8!
- Savor the harvest.** Try a new recipe, or start preserving the fresh harvest with canning and freezing. You can find a variety of bulk choices at u-pick, Pick Your Own “PYO” farms, and even farmstands. Need help with recipes? Let UMaine Cooperative Extension be your guide. FMI: extension.umaine.edu/food-health/food-preservation/preserving-the-harvest.
- Experience and explore Maine foods, traditions and fun.** From the Maine The Maine Artisan Bread Fair (July 26, 2025) to special educational workshops, tastings and pop-up markets, you can a summer favorite that fills your curiosity. Visit RealMaine.com for a list of ideas!
- Find Maine ice cream, made with Maine milk or cream.** There are hundreds of places you can find ice cream, frozen custards and gelato in Maine. But not all of them source milk or cream from Maine dairies. Follow the Real Maine Ice Cream Trail to savor all the deliciousness while supporting local businesses that use Maine ingredients! Find a list of sites and an interactive map at realmaine.com/icecreamtrail.

Share the Road on the Scenic Route this Summer

There is plenty to see and appreciate along Maine’s scenic routes, and as the seasons change, so do the traffic patterns of vehicles, animals, people and communities. These are signs of the local economy and business at work.
It’s not uncommon to see tractors and heavy equipment sharing the road on their way to plant or harvest crops. Or to come upon livestock crossing a roadway as they relocate from one pasture to another, or to and from the dairy barn milking parlor.
In towns across Maine, parks and parking areas transform into temporary shopping destinations with farmers’ markets, fairs and festivals.
Wherever your travels take you, please give extra care getting there and back with these tips:
• **Space.** Don’t tailgate or crowd.
• **Pace.** Drive slow until the tractor arrives at the destination, or you may safely pass.
• **Play it Safe.** Practice safety for everyone’s sake.



2025 Maine Department of Agriculture, Conservation and Forestry Licensed Agricultural Fair Dates

JULY

- Ossipee Valley – July 10-13
- Houlton – July 11-13
- Waterford World's Fair – July 18-20
- Bangor – July 24-August 2
- Northern Maine – July 26-August 3
- Union – July 30-August 3

AUGUST

- Topsham – August 3-9
- Skowhegan – August 7-16
- Acton – August 21-24
- Piscataquis Valley – August 21-24
- Washington County – August 23-24
- Windsor – August 23-September 1
- Blue Hill – August 28-September 1
- Harmony – August 29-September 1

SEPTEMBER

- Clinton Lions – September 4-7
- Litchfield – September 5-7
- Oxford County – September 10-13
- New Portland Lions – September 12-14
- Farmington – September 14-20
- Common Ground – September 19-21
- Cumberland – September 21-27
- Fryeburg – September 28-October 5

Note: The above schedule lists the dates of each agricultural fair license. Please check each fair's website or socials for their specific events and activities.

Wild Maine Blueberry Weekend Returns August 2-3, 2025

The Fifth Annual Wild Blueberry Weekend is a state-wide celebration in Maine that showcases the state's native and iconic fruit—the wild blueberry—and the people who grow, harvest, and care for this beloved crop. Held on the first full weekend of August, during harvest season (August 2-3 in 2025), the event invites residents and visitors alike to celebrate and learn more by exploring wild blueberry farms, tasting locally made blueberry foods and beverages, and learning about this deeply rooted agricultural tradition.

Here's what makes Wild Blueberry Weekend such a cherished annual tradition:

• **Local Farms & Tours:** Wild blueberry farms across Maine open their doors to the public for free, offering farm tours, hands-on demonstrations, scenic vistas, and opportunities to rake wild blueberries, meet the farmers, and purchase fresh berries and products like jams, pies, and syrups.

• **Food & Drink:** Restaurants, breweries, wineries, and bakeries around the state create special blueberry-themed dishes, drinks, and desserts — everything from blueberry beer to wild blueberry pie.

• **Events & Experiences:** Some locations host live music, art, kids' activities, and educational talks about the wild blueberry's rich history, impressive health benefits, and sustainable farming practices.

Wild Blueberry Weekend celebrates generations of Maine's agricultural heritage, educates visitors about the wild blueberry industry, and offers a fun and delicious way to support Maine's hard-working farmers and businesses, experience Maine culture, and eat a lot of delicious blueberry treats.

One great weekend to eat, drink, and experience all things Maine wild blueberry.



One great weekend to *eat, drink, and experience* all things Maine wild blueberry.

WildBlueberryWeekend.com

AUGUST 2-3, 2025



Farm To Institution Spotlight: Bowdoin College

Bowdoin College in Brunswick serves 2,000 students in two dining halls. According to its website, "local purchasing is elemental to Bowdoin's sustainability mission for two reasons: environmental and community impact." The college estimates that approximately 30 percent of the food served is local—from Maine or within 250 miles of its campus—and plans to increase that by 1 percent yearly. Two purchasing coordinators help source local food directly from farms and food producers and through their food distributor.

The college purchases more than 67,000 pounds of squash, carrots, green peppers, potatoes, tomatoes, corn, and zucchini from R. Belanger & Sons Farms annually. They buy apples and cider from Greenwoods Orchards, beef from L.P. Bisson and Sons, chicken from Maine Family Farms, tofu from Heiwa Tofu, milk from HP Hood, and bread from Lepage Bakeries. They also purchase white fish from Maine Shellfish Company and lobster from Ready Seafood, and 65 percent of the seafood they purchase is certified sustainably harvested in the Gulf of Maine by the Gulf of Maine Research Institute.

Bowdoin also has a half-acre organic farm that works closely with the dining program and is an educational resource for the students. The farm typically grows higher-value crops such as greens, herbs, tomatoes, peppers, hot peppers, cucumbers, and eggplants, and estimates that it provides approximately 10,000 pounds of produce to the kitchens. The dining department has also collaborated with sustainability courses to create educational posters about the local food in the dining halls.

To learn more about Maine's Local Foods Procurement Program, and how to help Maine's state-funded institutions achieve farm-to-institution goals, reach out to Brittany Peats, Maine DACF Institutional Market Development Coordinator, at brittany.peats@maine.gov.



MAINE OPEN FARM DAY
July 27 • 1-4 PM
 Bring the whole family out to Martin Woods Farm for Maine Open Farm Day!
Pig Roast with all the fixings - Petting Zoo Live Music - Family Fun

\$20 a carload to Benefit The Travis Mills Foundation



Martin Woods Farm
 24 Abijah Hill Rd. Starks ME



www.martinwoodsfarmmaine.com



Use these symbols to help plan your visit

FARM	WINERY / CIDERY	SPECIALTY
SUGAR SHACK / MAPLE SYRUP	NURSERY / GREENHOUSE	FARMERS' MARKET
CREAMERY	BREWERY / DISTILLERY	AGRITOURISM

AROOSTOOK

A Better Day Counseling and Farms, LLC
 41 JOHNSON RD, NEW SWEDEN
 Open Farm Day Event: Sunday 11AM-1PM
 (207) 999-1267
 Farm tour with hands on activities for the whole family. Meet our team of horses, donkeys and mules! Participate in a fun equine activity!
abetterdaycounselingfarms.com

Gallifreyan Farm
 133 CODFISH RIDGE ROAD, LINNEUS
 Open Farm Day Event: Sun 10AM-3PM
 (207) 694-8409
 Meet some pacas. And sheep. And meet this spring's lambs. And Emu! Follow us on social media for more info!
www.GallifreyanFarm.com

McElwain's Strawberry Farm
 711 SWEDEN ST, CARIBOU
 Open Farm Day Event: Sun 10AM-3PM
 (207) 498-8276
 There will be tractor-drawn wagon rides around the farm, self-guided walking tours, playground for the kids, story book walk, and lunch you can purchase: baked beans, potato salad, hotdogs, and ice cream with strawberries. Farm store is open with seasonal veggies, maple syrup, jam, honey, and farm merch for sale.
www.mcelwainstrawberryfarm.com

Whitmore & Edgecomb Family Farm
 291 THIBODEAU ROAD, WOODLAND
 Open Farm Day Event: Sun 10AM-3PM
 (207) 999-9798
 We are a hay and grain farm catering to everyone from Equine to livestock. We take pride in showing care for our finished product and the care of our land through organically grown methods. We also host agritourism events for fun, team building and educational purposes.

6th Gen Farm
 1696 TOWN LINE ROAD, MERRILL
 Open Farm Day Event: Sun 10AM-3PM
 (207) 316-2503
 We are a u-pick farm. Come to Southern Aroostook and experience what summer in Maine has to offer! Learn about our family business, and how we grow beautiful bouquets and stunning pumpkins!

CUMBERLAND

Maine State Society For the Protection of Animals
 279 RIVER ROAD, WINDHAM
 Open Farm Day Event: Sun 10AM-2PM
 (207) 892-3040
 Enjoy a stroll around the farm and the opportunity to meet the MSSPA herd and watch a horse training demonstration in the indoor arena.
www.msspa.org

Orchard Ridge Farm
 236 SEBAGO LAKE RD, GORHAM
 Open Farm Day Event: Sat, Sun 8AM- 5PM
 (207) 712-1433
 Join us at Orchard Ridge Farm for a day of animal visiting, trail walking, snacks from the store, & much more!
orchardridgefarm.com

Phillip View Farm
 723 BRIDGTON RD, SEBAGO
 Open Farm Day Event: Sun 10AM-3PM
 (207) 787-3391
 Visit our farm and see our 100% grass fed Scottish Highlands, Herefords, nubian goats and llama. We will have all our products for sale including 100% grass fed beef, pasture raised pork, eggs, Greene Maple Farm maple syrup, honey, maple salsa and more!!
www.greenemaplefarm.com

Pineland Farms, Inc.
 NEW GLOUCESTER
 Open Farm Day Event: Sun 9AM-4PM
 (207) 650-3031
 Our 2-hour farm visits will be FREE on this special day and there will be ongoing hands-on animal activities throughout the day. Complimentary garden tours will be available in our perennial garden, and Pick Your Own will be open with berries and flowers available for the current market rate at the Pineland Produce Division.
pinelandfarms.org

Pine Root Farm & Market
 1000 PEQUAWKET TRAIL, STEEP FALLS
 Open Farm Day Event: Sun 10AM-3PM
 (207) 272-2257
 We are dedicated to growing healthy, affordable food for our community and to supporting other local producers. Come learn about our farm and offerings.

Sabbathday Lake Shaker Village
 707 SHAKER RD, NEW GLOUCESTER
 Open Farm Day Event: Sun 12PM-4PM
 (207) 926-4597
 Sabbathday Lake Shaker Village is among the oldest farms in Maine still operated under the same management, since 1783. See Scottish highland cattle, a flock of more than 60 sheep, bees, barn cats, apple orchards, herb gardens, and vegetable gardens. Featured activities of the day include guided tours of the 1830 barns — now under an active historic preservation project with the National Park Service Save America's Treasures grant: speak with Brother Arnold and Preservation Timber Framing owner Arron Sturgis as they guide you through this historic and literally groundbreaking work!
maineshakers.com

Tir na nOg Farm
 44 LEIGHTON ROAD, POWNAL
 Open Farm Day Event: Sun 10 AM-3PM
 (207) 749-8321
 Farm tours, edible flower tasting, see our permaculture food forest, make your own flower bouquet, farm goods and treats for sale!
mainecelt.weebly.com

Tripping Gnome Farm
 64 LUPINE LANE, FREEPORT
 Open Farm Day Event: Sat 11 AM-5PM
 (508) 596-5222
 Come visit us at Tripping Gnome Farm to see how we grow mushrooms and try your hand at planting microgreens or harvesting potatoes.
www.trippinggnome.com

Yellowbird Love Farms
 92 PIGEON BROOK RD, WEST BALDWIN
 Open Farm Day Event: Sun 10AM-3PM
 (207) 956-2434
 We teach mushroom growing from spore to fruiting body and grow medical herbs, foods, and fungi to gain knowledge on how to best heal ourselves and support others along the way.

FRANKLIN

Black Acres Farm
 123 BLACK ROAD, WILTON
 Open Farm Day Event: Sun 9AM-3PM
 (207) 491-4667
 Join us for a fun-filled day at Black Acres Farm's Open Farm Day! Explore the beauty of our farm, meet the animals, and experience the joys of sustainable farming. Whether you're looking to learn more about where your food comes from or just want a day of family-friendly activities, there's something for everyone. Enjoy farm tours, hands-on experiences, and local food. Don't miss this chance to connect with nature and support local agriculture. We can't wait to welcome you to Black Acres Farm!

Maine Local Living School
 71 LAKE DRIVE, TEMPLE
 Open Farm Day Event: Sun 11AM-3PM
 (207) 778-0318
 Visit the working homestead and education center of Maine Local Living School on Open Farm Day! We will lead tours of the campus including the ice house, root cellar, greenhouse and gardens, solar food dehydrator, animal barn, and the classroom/workshop. Visitors will learn about and interact with earth-friendly systems including rainwater collection and solar water heating, rocket stoves and outdoor kitchens, composting toilets, and alternative building construction.
www.mainelocalliving.org

Thistle Moon Farmstead
 83 MCLAUGHLIN RD., WILTON
 Open Farm Day Event: Sat, Sun 8AM-5PM
 (207) 645-4678
 Join us for our opening weekend for U-Pick Blueberries.
www.ThistleMoonFarmstead.com

HANCOCK

Good Life Center
 372 HARBORSIDE ROAD, HARBORSIDE
 Open Farm Day Event: Sat, Sun 10AM -5PM
 (207) 326-8211
 On Saturday, a workshop on creating and maintaining a pollinator garden. On Sunday, Speaker Series will feature a discussion on the Nearing legacy.
goodlife.org

Maine Open Farm Day is celebrating 36 years!

Plan to visit one of these farms that will be open for visitors!

Visit REALMAINE.COM for more info.

TIPS: Most farms, but not all, are open 10 a.m. to 3 p.m. on Sunday. Some are also open Saturday, July 26. We recommend checking local listings before you head out. Examples include the RealMaine.com event calendar, individual farm websites, social media and phone. Farms may update schedules and activities as the event date nears.

If you're new to this tradition, we recommend reading our online tips for visiting a farm.

Scan the code to view the pre-made trip itineraries and an interactive map of host sites ▶

REALMAINE.COM

ANDROSCOGGIN

Boothby's Orchard and Farm
 1425 FEDERAL ROAD, RT 4, LIVERMORE
 Open Farm Day Event: Sunday 10AM-3PM
 (207) 754-3500
 Stop in at our Farm Market and shop a breadth of produce from our farm and other local farms. There will be free food samples, crafts for kids and wagon rides for the family!
www.boothbysorchard.com

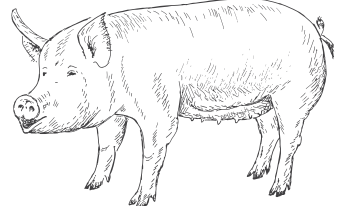
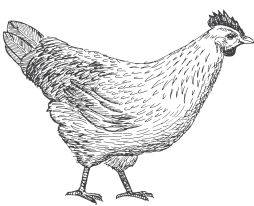
Liberation Farm
 1002 GARDINER ROAD, WALES
 Open Farm Day Event: Sunday 11AM-2PM
 (415) 309-6162
 Visit Liberation Farm to learn more about community farming programs with the Somali Bantu Community Association. Check out the crop fields, meet the goat herd, sample Somali snack and shop for fresh produce at the farm stand.
somalibantumaine.org

Old Crow Ranch
 427 DAVIS ROAD, DURHAM
 Open Farm Day Event: Sunday 11AM-3PM
 (207) 329-8775
 Come visit Old Crow Ranch, meet the animals (and the farmers). Take a farm tour, learn a bit about how we raise our beef and pork and peruse the #OCRFarmStore.
www.oldcrowranch.com

Roebucks Angus
 783 UPPER ST, TURNER
 Open Farm Day Event: Sunday 10AM-2PM
 (207) 754-1558
 Come have fun, look around, see the animals, have a Roebucks Angus Burger off the grill!

Sanctuary at Maple Hill Farms
 464 MAPLE HILL RD, AUBURN
 Open Farm Day Event: Sunday 10AM-2PM
 (207)3767583
 Come visit our horses in rehab and sanctuary! Varied activities, giveaways, and hospitality events during the day.

WillowsAwake Winery
 10 LEEDS JUNCTIONS ROAD, LEEDS
 Open Farm Day Event: Sat, Sun 10AM-5PM
 (207) 518-8076
 Wine tasting, winery tours, vineyard tours, full service restaurant No.10 Eatery.
willowsawake.com



KENNEBEC

Anchor ME Harbor

📍 584 RIDGE ROAD, WINDSOR

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 445-8192

Take a mental health moment with Anchor ME Harbor. We will share some of our therapeutic activities and the animals that make our organization possible.

🌐 www.anchormeharbor.org

**Applewald Farm**

📍 559 HUNTINGTON HILL RD, LITCHFIELD

📅 **Open Farm Day Event: Sun 9AM-5PM**

☎️ (207) 268-9276

We will offer farm tours. You can see the cider press and pick a few items from the gardens.

🌐 applewaldfair.wixsite.com/farm

**Hart-to-Hart Farm & Education Center**

📍 16 DUCK POND LN, ALBION

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 437-2441

Barn tour to meet our animals and learn about organic dairy farming and our educational programs (Farm Day Camp). Kids activities throughout the day including seed art, pretzel making and milking a cow. A variety of home-grown organic grass feed beef products for sale.

🌐 www.hart2hartfarm.org

**Misty Brook Farm**

📍 156 BOG ROAD, ALBION

📅 **Open Farm Day Event: Saturday, Sunday 8AM-5PM**

☎️ (207) 437-4719

Our Farm Store will be open and stocked with all our meat, dairy, pantry staples, and more. Visitors are welcome to walk around the farm and meet the pigs, sheep, cows, horses, and chickens.

🌐 www.mistybrook.com



KNOX

Brae Maple Farm

📍 233 NORTH UNION RD, UNION

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 785-4978

View Master Gardener Volunteer Demonstration Gardens, the Heritage Garden and Medicine Wheel garden. Activities for kids,

bee keeping demonstration, spinning and music and snacks.

**Herbal Revolution**

📍 410 N UNION RD, UNION

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 713-0009

Join us for Open Farm Day this Sunday! Guided tours of our certified organic herb farm run on the half hour starting at 10:30 AM with last tour at 2:30 PM, with free tonic & tincture samples and iced herbal tea served all day — come sip, stroll, and connect with the plants!

🌐 www.herbalrev.com

**ME Water Buffalo Co.**

📍 232 OLD COUNTY RD., APPLETON

📅 **Open Farm Day Event: Sun 11AM-4PM**

☎️ (207) 701-7283

Come see where the water buffalo roam! Tour the farm. Watch the pigs. Feed the goats. Visit the bunny. Cuddle the calves. Meet the adult water buffalo. The farmstore will be stocked with water buffalo cheeses, yogurt & gelato along with other farm goodies.

🌐 www.mewaterbuffaloco.com

**Round the Bend Farm**

📍 2928 N UNION ROAD, UNION

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (603) 490-6969

We provide a forever home for a variety of animals, including horses, cows, donkeys, goats, chickens, ducks, and a pig.

**Sweethaven Farm**

📍 1077 NORTH UNION ROAD, UNION

📅 **Open Farm Day Event: Sat 10AM-3PM**

☎️ (617) 997-3176

We will be hosting a bouquet making demo at 11 am, FREE! and a workshop at 1 pm, cost is \$50/participant. Space is very limited, please pre-register! Come learn basic bouquet-making techniques and bring home your own! Bring a friend! Light refreshments provided.

🌐 www.sweethavenfarm.me

**Sweet Season Farm**

📍 WASHINGTON

📅 **Open Farm Day Event: Sun 8AM-5PM**

☎️ (207) 542-5008

Join us for a fun day in the upick blueberry field. Sample our blueberries, baked goods and discounts on your upick adventure. Browse our

farmstand, gift shop or just enjoy an ice cream while hiking our scenic trail.

🌐 efreardon.wixsite.com/mysite

**Tenderwild Farm**

📍 33 GURNEY STREET, ROCKPORT

📅 **Open Farm Day Event: Sat 10AM-5PM**

☎️ (207) 593-1321

Farm tours will be given throughout the day—come learn about the benefits of bio-intensive, no-till farming. Fill your picnic basket with delicious items purchased from our farm store to enjoy at bucolic locations across the farm.

🌐 tenderwildfarm.com

**Terra Optima Farm**

📍 980 GURNEYTOWN RD, APPLETON

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 975-9834

We are a diversified livestock farm. Specializing in pasture raised rare breed Kune Kune pigs, Hereford beef cattle, free range laying hens, goats with a focus on invasive species eradication and a few donkeys and horses for amusement. Come meet us and follow us year round for farm musings and insights!



LINCOLN

Beau Chemin Preservation Farm

📍 1749 FINNTOWN RD, WALDOBORO

📅 **Open Farm Day Event: 10AM-3PM**

☎️ (207) 691-8164

See and learn about conservation of endangered livestock, visit rare Poitou donkeys, take a look at a 180 year old barn, learn about rare fiber, natural dyeing and old spinning wheels.

**Cape Newagen Alpaca Farm**

📍 1020 HENDRICKS HILL RD, NEWAGEN

📅 **Open Farm Day Event: Sun 10AM-3 PM**

☎️ (207) 633-0416

We will have several fun, hands-on activities for all ages including feeding the animals, soap felting, yarn spinning demos, yarn braiding demos and a raffle! We welcome you to learn more about how we farm with alpacas and sheep by getting your hands on the fiber and meeting all our animals. This event is free and open to the public but we kindly ask that you register online to help us prepare for your visit!

🌐 www.capenewagenfarm.com

**Figwort Farm**

📍 1242 STATE ROUTE 129,

SOUTH BRISTOL

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 303-9828

Visit our native plant nursery specializing in seed-grown, pesticide-free plants. Come with questions and learn about our plants, which are cold-adapted, genetically diverse, will encourage biodiversity and increase local climate change resilience.

**Hamilton Farm**

📍 6 SOUTH FOWLES LANE, WHITEFIELD

📅 **Open Farm Day Event: Saturday, Sunday 10AM-3PM**

☎️ (207) 549-5497

Cuddle the spring lambs, tour the greenhouse, visit the farm store stocked with farm products (sheep skins, wool socks, yarn and a variety of other wool products, elderberry & aronia berry syrups). Talk with Chris and Patti about small scale organic farming.

**Lakin's Gorges Cheese and East Forty Farm**

📍 2361 FRIENDSHIP ROAD, WALDOBORO

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 230-4318

Farm tour and peek at cheesemaking. We raise dairy cows, make award winning cheese and sell farm raised beef and pork.

🌐 www.lakinsgorgescheese.com

**Pumpkin Vine Family Farm**

📍 217 HEWETT RD, SOMERVILLE

📅 **Open Farm Day Event: Sun 11AM-3PM**

☎️ (207) 549-3096

Join us for laughter, learning, and lunch! Our guided tours include 1) fascinating farm history, 2) personal time with our fabulous goats, 3) cheese samples, and 4) an insider look into our NEW! state of the art milking parlor, first of its kind in the state! Grab lunch and lots more at our friendly farmers market.

🌐 www.pumpkinvinefamilyfarm.com

**SeaLyon Farm**

📍 1788 ALNA RD, ALNA

📅 **Open Farm Day Event: Sat 11AM-3 PM**

☎️ (207) 290-2954

At SeaLyon Farm, pick your own lavender during the setting sun; peruse a plethora of lavender-themed goods; dine on farm fresh food from local vendors; take a horse-drawn wagon ride around the farm; and partake in

other fun activities. The Farm Store will be selling jams, salsas, lavender products, kettle popcorn, baked goods, the best whoopie pies in Maine and other tasty treats, crochet items, and handmade jewelry. Tasty food from local food trucks. Round Top Ice Cream has created a Lavender ice cream flavor using lavender harvested from SeaLyon Farm, which will be on sale. Horse Drawn Wagon Rides with Mike and Ace from Woodfield Farm for a tour of the countryside! Outdoor games of cornhole, checkers, and tic-tac-toe. And, did we mention lavender picking!

🌐 www.sealyonfarm.com



OXFORD

A Wrinkle in Thyme Farm

📍 106 BLACK MOUNTAIN RD., SUMNER

📅 **Open Farm Day Event: Saturday, Sunday 10AM-4PM**

☎️ (207) 212-4058

Visit sheep and chickens in the fields, see fiber demonstrations in the farm store, purchase maple syrup and other wool products in the farm store.

🌐 www.awrinkleinthymefarm.com

**Conant Acres**

📍 55 CANTON POINT RD, CANTON

📅 **Open Farm Day Event: Sun 10AM-5PM**

☎️ (207) 597-2928

Tour our 5th generation dairy farm and enjoy a stop at our on-farm market, featuring our specialty cheddars, beef, seasonal produce, freshly bottled milk and more. Special events include lunch served by a local food truck, cheese and product tastings, ice cream and time visiting with our dairy calves.

**Foxx Run Farm LLC**

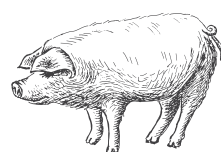
📍 1912 PEQUAWKET TRAIL, HIRAM

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 632-3375

Visit with our farm animals and feed them their favorite treats. Explore our historic farm and learn about our events and workshops. \$10 Pony Rides available from 10am to Noon. Feel free to bring a picnic and have lunch on the farm.

🌐 www.foxxrunfarm.com

**Morning Glory Farm**

📍 PO BOX 667 343 FLAT ROAD, BETHEL

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 381-0321

Join us for Maine Open Farm Day! The outdoor pizza oven will be fired up. From 10-12 we will be making breakfast pizza topped with our own eggs and chicken sausage. From 12-3 pm we will be offering a variety of different pizzas featuring farm fresh toppings! Pizza by donation. Take a guided farm tour to meet our sweet Jersey cows, silly goats, fluffy sheep, and pasture raised chickens. Learn how our small farm incorporates the principles of regenerative agriculture into our practices. Sample our award winning SmokeBomb hot sauces!

🌐 www.morninggloryfarmmaine.com



PENOBSCOT

All In Thyme Farm

📍 20 PRILAY RD, NEWPORT

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 441-9976

Tour our pasture based farm. Meet our heritage breed animals.

**Blackberry Creek**

📍 170 PALMER RD, NEWPORT

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (508) 789-4169

Experience a farm tour, shop in our on site market and enjoy tasty treats from a local food truck.

🌐 www.blackberrycreekmaine.com

**Loud Dog Farm**

📍 535 BETTS RD, ORRINGTON

📅 **Open Farm Day Event: Sun 10AM-4PM**

☎️ (207) 450-2143

Meet heritage breed livestock, guided goat hikes, baby goat cuddling, farm tours and more activities!

🌐 louddogfarm.weebly.com

**Treworgy Family Orchards**

📍 3876 UNION ST, LEVANT

📅 **Open Farm Day Event: Saturday, Sunday 12PM-5PM**

☎️ (207) 884-8354

We have a cafe, petting zoo, corn maze & pick your own berries. Come enjoy a day at our family's farm!

🌐 www.treworgyorchards.com

**Reigning Hope Ranch**

📍 305 CENTER DR., ORRINGTON

📅 **Open Farm Day Event: Sat 10AM-3PM**

☎️ (207)825-7828

Reigning Hope Ranch is a 501(c)(3) non profit with a mission to provide the finest equine-based activities and therapies that foster healing, renewed self-esteem, and self-confidence to children and adults with diverse backgrounds. Come visit us to learn more about our mission.

🌐 ReigningHopeRanch.com

**Wyld Dream Farm**

📍 1157 AVENUE RD, EXETER

📅 **Open Farm Day Event: Saturday, Sunday 10AM-3PM**

☎️ (207) 631-4265

We offer a petting zoo with goats, a horse and donkeys.

🌐 Wylddreamfarm.com



PISCATAQUIS

Nubik Ranch LLC

📍 SANGERVILLE

📅 **Open Farm Day Event: Saturday, Sunday 10AM-3PM**

☎️ (207) 509-5494

Viewing live colonies of honey bees on request. Sampling and tasting raw varieties of honey including clover, blueberry and wildflower.

🌐 NubikRanch.com

**Widdershins**

📍 843 BEAR HILL RD, DOVER-FOXCROFT

📅 **Open Farm Day Event: Sunday 12-4 PM**

☎️ (207) 564-7926

Widdershins will be having cheese tastings and face painting 12:00 - 4:00. Horse drawn carriage rides 2:00 - 4:00 if weather permits. Our store will be open offering raw milk, cheeses, yogurt, goat milk soap, and other local products!



SAGADAHOC

Apple Creek Farm

📍 538 MILLAY RD, BOWDOINHAM

📅 **Open Farm Day Event: Sun 10AM-3PM**

☎️ (207) 948-3022

Apple Creek Farm hopes you'll join them on Open Farm Day for a 60-minute farmer-led tour, held at various times throughout the day (TBD). The tours will include stops to see their chickens (laying hens and meat chickens),

Equiculture: Anam Cara Farm

📍 100 SALISBURY ROAD, CANAAN
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (413) 813-2000

Come learn about our mission. We believe draft horses are a national treasure, retirement with dignity and loving homes for all. Drafting a better future for horses, humans and mother earth.



Leafsong Family Farm

📍 507 BACK BELMONT RD., BELMONT
 🗓️ **Open Farm Day Event: Saturday, Sunday 10AM-5PM**
 ☎️ (207) 342-2613

Small family flower farm, gift shop and artisan floral studio located in Midcoast Maine. In our gift shop find organic, flower inspired goods. We provide sustainable, artisan floral design for weddings/events and daily floristry. In our greenhouse we offer farm grown annuals for planters. In addition, we have flower filled farm stays for guests. We are a delightful summer day trip destination.

🌐 www.leafsongfamilyfarm.com



Moosehead Maple Farm

📍 1390 MOOSEHEAD TRAIL, JACKSON
 🗓️ **Open Farm Day Event: Saturday, Sunday 10AM-4PM**
 ☎️ (785) 410-0162

We are small maple producers in central Maine with about 250 taps, run on a wood-fired evaporator. We specialize in maple syrup, maple-coated nuts, sugar and candy as well as a whiskey-barrel aged maple syrup. Come visit our operation during Maine Open Farm Day! Although we won't be boiling, we still have samples and tours of the sugarhouse. Stock up on all of your maple favorites!

🌐 MooseheadMapleFarm.square.site



Northern Solstice Alpaca Farm - Maine Alpaca Experience

📍 141 CROSBY BROOK RD, UNITY
 🗓️ **Open Farm Day Event: Saturday, Sunday 10AM-4PM**
 ☎️ (207) 356-2464

Free tours! Discover what makes alpaca fiber so incredible and have your photo taken with amazing gentle animals. Farm gift shop filled with alpaca. Bring a picnic and enjoy watching alpacas while you relax and take in the beauty of Maine.

🌐 www.mainealpacaexperience.com



Tiny Acres Farm

📍 904 WOODMANS MILL RD., MONTVILLE
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 213-3149

Come tour our organic market garden and mushroom woodlot, walk our forest trails, and stop by the farm stand where we have fresh veggies, mushrooms, herbs and other great local products!

🌐 www.tinyacresfarmmaine.com



Windy Knoll Goats

📍 374 BLANKETT LANE, PROSPECT
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 322-6886

We invite you to come visit our farm, see baby goats, ask questions, and purchase goat milk products.



Windy Ridge Farm

📍 299 BAGLEY HILL ROAD, TROY
 🗓️ **Open Farm Day Event: Sat 10AM-3PM**
 ☎️ (207) 558-3134

Meet the critters, ask questions, and browse our little farm store.

🌐 www.windyridgefarm.wordpress.com



WASHINGTON

Downeast Equine and Large Animal Sanctuary

📍 PO BOX 485, CHERRYFIELD
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 598-7738

Tour the sanctuary, visit the animals who call DELAS home, and talk to sanctuary staff and volunteers.



Downeast Restorative Harvest

📍 73 BROADWAY, MACHIAS
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 255-3741, ext 104

Learn about this innovative Community Garden program in Machias. Learn about volunteering to make the farm's second year another success, or get ideas to use your community garden in valuable ways!



Itty Bitty Farm

📍 980 US RT. 1, COLUMBIA FALLS
 🗓️ **Open Farm Day Event: Sun 10AM-2PM**
 ☎️ (207) 266-9134

Farm tours, discussions about the farm as a business, starting your own small farm or homestead, discussions about raising heritage breed livestock and fowl.



Englishman Bay Lavender Farm & Pollinator Garden

📍 167 JOHNSON COVE RD, ROQUE BLUFFS
 🗓️ **Open Farm Day Event: Sun 9AM-4PM**
 ☎️ (207) 259-0922

Learn about the value of pollinators on creating healthy produce and flowering plants. Walk through rows of lavender and beds of other pollinator plants.



Rime Nor Reason Farm

📍 82 ARTHUR DAMON RD., CHARLOTTE
 🗓️ **Open Farm Day Event: Sat 10AM-3PM**
 ☎️ (207) 404-1177

We are Certified Organic and offer CSAs, Wild Blueberries, Grass-Fed Beef, Free Range Chicken, Eggs and Pork. Come see our farm, shop the farm store and learn how we serve our community through farming!

🌐 RimeFarm.com



YORK

Annette's Gardens

📍 300 BLANCHARD ROAD, SPRINGVALE
 🗓️ **Open Farm Day Event: Saturday, Sunday 9AM-4PM**
 ☎️ (207) 432-1365

Daylilies will be in full bloom at this time.



Blackrock Farm

📍 293 GOOSE ROCKS ROAD, KENNEBUNKPORT
 🗓️ **Open Farm Day Event: Sun 9AM-4PM**
 ☎️ (207) 967-5783

We will be hosting several activities for children, make your own flower arrangements and pick your own vegetables. There will be farm to table food available for sale in our farm stand!

🌐 www.blackrockfarm.net



Blueberry Hill Farm

📍 231 BLUEBERRY HILL FARM ROAD, ACTON
 🗓️ **Open Farm Day Event: Sun 10AM-5PM**
 ☎️ (207) 252-8267

Pick your own highbush blueberries, Bake sale, free recipes.

🌐 www.blueberryhillfarm.us



Chill Hill Farm and Forest

📍 WEST NEWFIELD
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 651-8722

We look forward to hosting you. Unwind and recharge as you stroll along our floral labyrinth; exercise a bit on a guided hike; children will receive a "passport" for various fun activities on the farm; if windy, bring a kite. A storybook trail will be available for little ones. Bring a chair and cooler and come hang out at our slice of heaven.

🌐 www.chillhillflowers.com



Crooked Brook Farm

📍 210 MEETINGHOUSE ROAD, WELLS
 🗓️ **Open Farm Day Event: Saturday, Sunday 10AM-3PM**
 ☎️ (207) 432-1421

Sugarhouse and sugarbush tours. Christmas tree shearing demonstrations. Apiary demonstration. Farm made treats for sale.

🌐 crookedbrookfarm.com



Elf Paca Meadows

📍 45 LIBBY ROAD, WEST NEWFIELD
 🗓️ **Open Farm Day Event: Saturday, Sunday 10AM-4PM**
 ☎️ (603) 817-0356

Come visit the alpacas, chickens, peacocks & emus all while enjoying the beautiful view of the Presidential Mountain Range. Stop in the store and check out the products made from alpaca fiber.

🌐 www.elfpacameadows.com



Frinklepod Farm

📍 244 LOG CABIN RD, ARUNDEL
 🗓️ **Open Farm Day Event: Sat 9AM-5PM**
 ☎️ (207) 289-5805

Peruse our well-stocked farm store, pick your own flowers, and enjoy oatmilk soft serve ice cream at a picnic table or while strolling around the farm.

🌐 frinklepodfarm.com



Hilltop Boilers Maple Syrup

📍 159 ELM ST, NEWFIELD
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 793-8850

Join us for an unforgettable journey at our farm in Newfield, where you can see the beautiful pastures and meet our cattle as they graze, play on tractors, and participate in exciting contests and games designed just for kids! Don't miss the chance to visit our charming maple store, showcasing a delightful array of delicious maple products that will surely sweeten your experience!

🌐 hilltopboilersmaplesyrup.com



Lavender Hill Farm

📍 11 BROOKS LANE, BERWICK
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (603) 502-0773

Come meet the farmer, chat about our young, growing farm, and see our baby trees, young lavender, grazing sheep, and honeybees. Our Farm Store will be selling lavender products including our very own Lavender Lemonade!

🌐 www.lh-farm.com



McDougal Orchards LLC

📍 201 HANSON RIDGE ROAD, SPRINGVALE
 🗓️ **Open Farm Day Event: Sat 9AM-2PM**
 ☎️ (207) 324-5054

We are gearing up for our 2025 season, we hope to see you all at the Springvale Farm Walk on Sunday, July 27th for the "muffins with friends" kick-off at 9 a.m. Join us a few weeks later in early August when we open for the season!

🌐 www.mcdougalorchards.com



Nooney Farm

📍 22 STEVENSON RD, KITTERY
 🗓️ **Open Farm Day Event: Sun 10AM-2PM**
 ☎️ (207) 439-8989

Nooney Farm, a Kittery Land Trust property, is a 30 acre working farm hiding in plain sight in the coastal town of Kittery. Come explore the farm, trail, and pick your own flowers.

🌐 kitterylandtrust.weebly.com/nooney.html



Prospect Hill Winery & Vineyard

📍 318 ORRILLS HILL ROAD, LEBANON
 🗓️ **Open Farm Day Event: Sun 12PM-5PM**
 ☎️ (207) 632-1503

Come take a guided vineyard tour, see our wine making process, and taste Maine Made Wine!



Sturgeon Creek Farm

📍 1651 STATE ROAD, ELIOT
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (603) 767-8545

Wander around our beautiful farm and visit our sheep, lambs, cows, chickens and turkeys. Shop for local food in our farm store including our own garlic, flowers, eggs and other produce.

🌐 www.sturgeoncreekfarm.com



The Ecology School at River Bend Farm

📍 184 SIMPSON RD, SACO
 🗓️ **Open Farm Day Event: Sun 10AM-2PM**
 ☎️ (207) 283-9951

Come tour The Ecology School's farm on the beautiful Saco River! Learn about our AgroEcology for Resilient Communities

🌐 www.waterhousefamilyfarm.com

project and all the farm-based education we do here at River Bend Farm.

🌐 theecologyschool.org



Unique Maine Farms at Doyle Family Farm

📍 515 GARLAND ROAD, WEST NEWFIELD
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 793-2759

Unique Maine Farms at the Doyle Family Farm offers over 200 varieties of perennials and herbs.

🌐 www.doylefamilyfarm.com



Waterhouse Family Farm

📍 939 RIVER RD, HOLLIS CENTER
 🗓️ **Open Farm Day Event: Sun 10AM-3PM**
 ☎️ (207) 200-6035

Our farm is a bit of everything Maple syrup, Goat milk products, saw milling, haying, beef cattle, eggs and more!

🌐 waterhousefamilyfarm.com



Learn more: www.maine.gov/idepi
www.maine.gov/dacf/ahw/animal_health

Open Farm & Studio Day celebrates Bowdoinham's vibrant farming and arts community.

Follow the red signs to explore farms and studios showcasing the best of Bowdoinham!

BUY BOWDOINHAM

9 am–5 pm: Explore farms and studios with live demos, fresh food, farm tours & stores, pop-up markets, and more!

4 pm–7 pm: Join us at Maily Waterfront Park (1 Main St.) for a Food Pantry benefit BBQ! Enjoy fresh local eats and live music by Rough Sawn.

Bowdoinham's Open Farm & Studio Day

Sunday, July 27, 2025

Download the event map to plan your Bowdoinham adventure on beautiful Merrymeeting Bay!

The Farms are a-Buzz!

We invite you to join us in walking from farm to farm in our agricultural pocket of Springvale on Sunday, July 27 to celebrate Maine Open Farm Day.



The eleventh annual Springvale Farm Walk is a self-guided walk between farms linked by mowed paths and gravel trails. The 9 different stops along the route raise sheep, orchard fruit, vegetables, flowers, herbs, berries, mushrooms and more, including a community garden! This year the theme of the walk is "Beneficial Insects." Each location will highlight a favorite beneficial insect and may have refreshments or additional farm items for sale.

The event runs from 10 a.m. to 2 p.m. on Sunday. There is no single starting time or place. Parking is available at multiple farms and there are bathrooms and port-a-johns along the route. The paths are well-marked and kid friendly. Sturdy shoes and dressing according to the weather forecast are recommended. Mountain bikers, runners, and dogs on leashes are also welcome.

Maps and updated details can be found at the Springvale Farm Walk Facebook page. We hope to see you there!



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59 CONTRACTOR DRIVE HERMON, ME 04401 207-848-2050
14 GIBSON ROAD SCARBOROUGH, ME 04074 207-885-0600
260 MISSILE STREET PRESQUE ISLE, ME 04769 207-498-3196
231 SHEEP DAVIS ROAD CONCORD, NH 03301 603-225-6221



**WE MAKE
LOCAL EASY.**

For as long as we've had customers, we've supported local farmers.

Hannaford is proud to partner with over 135 farms across New England and New York to bring you the freshest local produce around.

To get it any fresher, you'd have to pick it yourself.



Stop by your neighborhood Hannaford Supermarket for the season's best local fruits and vegetables.



**From Maine farms to
Maine families.
Let's raise a glass to that!**



**Committed to
quality.**

